

**Coppett Hill Race**  
**Goodrich: 5 Miles**  
**Saturday 29-Jun-2024 at 14:00**  
**Organised by: FODAC**

**Race Results**

Pos	Bib	Name	Cat	Club	Race Time	AG Time	AG%	Gender Pos	Cat Pos
1	112	Kieron BROWN	M Senior	Monross Trailblazers	00:39:15	00:39:15	54.31%	1	1
2	108	James BLORE	M Senior	Chepstow Harriers	00:40:21	00:40:00	53.29%	2	2
3	159	Lucy WILLIAMSON	F Senior	Mynydd Du	00:40:29	00:40:29	59.77%	1	1
4	145	Paul MURRIN	M V50	Chepstow Harriers	00:40:36	00:35:58	59.26%	3	1
5	161	Ryan COOK	M V40	Aberdare Valley	00:43:38	00:40:52	52.16%	4	1
6	160	Tom MOLLEKIN	M Senior	Mynydd Du	00:43:43	00:43:29	49.03%	5	3
7	128	Dickie HUDD	M V50	Chepstow Harriers	00:43:45	00:37:49	56.37%	6	2
8	136	Reuben LAWSON	M Junior	Chepstow Harriers	00:47:36	00:47:34	44.81%	7	1
9	135	Seth LAWSON	M Junior	Chepstow Harriers	00:47:42	00:46:03	46.28%	8	2
10	157	Rebecca WARD	F Senior	Shuoc	00:47:46	00:47:46	50.66%	2	2
11	122	Mike FAWCETT	M V50	Wfra	00:48:07	00:40:11	53.04%	9	3
12	107	Richard BEVAN	M V50	Monross Trailblazers	00:49:05	00:43:29	49.02%	10	4
13	167	Grant WHITE	M Senior	Monross Trailblazers	00:49:24	00:48:47	43.70%	11	4
14	131	Lisa JEFFREY	F V50	Chepstow Harriers	00:50:09	00:42:59	56.31%	3	1
15	150	Ceri RICHARDS	M V50	Chepstow Harriers	00:52:07	00:46:10	46.17%	12	5
16	149	Stephen OWEN	M V70+	Chepstow Harriers	00:53:11	00:38:54	54.79%	13	1
17	148	Eamonn O DONOVAN	M Senior	Unattached	00:53:18	00:52:38	40.50%	14	5
18	127	Kath HARDWICK	F V40	Wye Valley Runners	00:53:27	00:50:03	48.35%	4	1
19	146	Tym MUSGROVE	M V60	Ledbury And District Harriers	00:54:15	00:43:45	48.72%	15	1
20	144	Jan MORRIS	F V50	Chepstow Harriers	00:54:35	00:45:06	53.65%	5	2
21	134	Vanessa LAWSON	F V50	Chepstow Harriers	00:54:48	00:48:05	50.32%	6	3
22	142	Richard MORDEY	M V50	Craig Y Allt Runners	00:55:38	00:46:52	45.48%	16	6
23	154	Andy STOTT	M V60	Mdc	00:56:41	00:44:04	48.37%	17	2
24	105	Andy BAKER	M V40	Fairwater Runners Cwmbran	00:56:47	00:51:07	41.69%	18	2
25	132	Norman JONES	M V60	Mynyddwyr De Cymru	00:58:27	00:45:26	46.91%	19	3
26	151	Jane ROSCOE	F V50	Chepstow Harriers	00:58:36	00:47:13	51.25%	7	4
27	163	John NASH	M V60	Chepstow Harriers	00:58:38	00:46:25	45.92%	20	4
28	165	Flora GUNNER	F V60	Croft Ambrey Running Club	00:58:44	00:45:31	53.16%	8	1
29	129	Duncan INNES	M V60	Mdc	00:59:40	00:47:41	44.71%	21	5
30	137	Ian MACKLIN	M V50	Mynyddwyr De Cymru	00:59:57	00:51:22	41.50%	22	7
31	170	Martyn JENKINS	M V60	Faiwater Runners Cwmbran	01:01:25	00:48:12	44.23%	23	6
32	166	Joel PERKIN	M V60	Beans Appreciation	01:01:55	00:49:56	42.69%	24	7
33	101	Brigitte ALLEN	F V50	Chepstow Harriers	01:02:01	00:54:26	44.46%	9	5
34	116	Bridget DAVIES	F V50	Chepstow Harriers	01:02:06	00:50:40	47.75%	10	6
35	114	Nicolalouise CROCKETT	F V50	Chepstow Harriers	01:02:08	00:49:26	48.95%	11	7
36	102	Tom ANNETTS	M V40	Chepstow Harriers	01:03:06	00:58:11	36.63%	25	3
37	169	Richard BAKER	M V50	Chepstow Harriers	01:03:24	00:54:19	39.24%	26	8
38	103	Ela ANTOSIEWICZ	F Senior	Almost Athletes	01:11:34	01:11:34	33.81%	12	3
39	130	Craig JACKSON	M Senior	Almost Athletes	01:11:36	01:10:00	30.45%	27	6

Pos	Bib	Name	Cat	Club	Race Time	AG Time	AG%	Gender Pos	Cat Pos
40	139	Barbara MADDISON	F V60	Chepstow Harriers	01:11:53	00:53:30	45.23%	13	2
41	164	Denise EVANS	F V60	Chepstow Harriers	01:11:53	00:56:27	42.86%	14	3
42	138	Simon MADDISON	M V70+	Chepstow Harriers	01:13:14	00:51:21	41.50%	28	2
43	113	Sarah COGGINS	F V60	Ledbury And District Harriers	01:14:34	00:54:44	44.21%	15	4
44	171	Lindsay COODE	F V50	Chepstow Harriers	01:17:13	01:08:33	35.30%	16	8
45	153	Anthony SMITH	M V60	Thames Valley Harriers	01:20:50	01:02:15	34.24%	29	8
46	106	Jane BAYLISS	F V70+	Chepstow Harriers	01:26:02	00:56:59	42.47%	17	1
47	125	Deb FRANKLIN	F V50	Chepstow Harriers	01:26:52	01:09:06	35.01%	18	9
48	156	Sonia UNSTED	F V50	Chepstow Harriers	01:27:17	01:11:14	33.97%	19	10
49	168	Corinna TANNIAN	F V40	Chepstow Harriers	01:43:33	01:34:02	25.73%	20	2