Elwood Football Club: 5 Miles Sunday 21-Dec-2025 at 10:30 Organised by: Forest of Dean AC

						Wir	nners					
	All Men [Finishers 67]					ı	All Ladia (Philaban P3)					
1	Tim BATCHELOR	Chepstow Harriers	00:36:56	Drizo	MV40	1	Faye JOHNSON	All Ladies [Finishers 53] Forest Of Dean Ac	00:45:06	Drizo	FSen	
2	William CHALK	Newport Harriers	00:38:00		MSen	2	Niki MORGAN	Chepstow Harriers	00:48:10		FV55	
3	Sam JONES	Parc Bryn Bach Rc	00:38:48		MV40	3	Sian JONES	Parc Bryn Bach Rc	00:49:35		FSen	
•	Samsores	r are bryin bacin ite	00.30.40	11120	1010-10		Sidil JONES	r dre bryn baen ne	00.43.33	11120	1 3011	
	M Senior [Finishers 16]						F Senior [Finishers 9]					
1	William CHALK	Newport Harriers	00:38:00	Already won		1	Faye JOHNSON	Forest Of Dean Ac	00:45:06	Already won		
2	Grant WHITE	Monross Trailblazers	00:41:12	Prize		2	Sian JONES	Parc Bryn Bach Rc	00:49:35	Already won		
3	Ben CARRUTHERS	Unattached	00:41:45	Well done		3	Rachael AITKEN	Monross Trailblazers	00:50:01	Prize		
	M V40 [Finishers 6]						F V40 [Finishers 6]					
1						1	Joanna HOBSON Severn Ac 00:53:07 Prize					
2	Sam JONES	Parc Bryn Bach Rc	00:38:48	Already won		2	Susie GURNER	Hengoed Harriers	01:08:57	Well done		
3	Tom MARTIN	Fortitude	00:55:13	Prize		3	Emma SLARK	Forest Vikings	01:13:55	Well done		
•	TOTAL VIDENCE IN	Tortitude	00.55.15	11120		١	Emma SEANK	Torest vikings	01.13.33	Wen done		
	M V45 [Finishers 8]						F V45 [Finishers 7]					
1	Stephen DILLEY	Chepstow Harriers	00:43:14	Prize		1	Leanne MEEK	Unattached	00:53:23	Prize		
2	Jullian BAILEY-GARD	Forest Of Dean Ac	00:43:31	Well done		2	Claire JACKSON	Forest Of Dean Ac	00:59:20	Well done		
3	Ross WALKER	Chepstow Harriers	00:43:41	Well done		3	Abigail MARTIN	Fortitude	01:03:24	Well done		
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	M V50 [Finishers 6]						F V50 [Finishers 8]					
1	Gareth WYNNE	Black Pear Joggers	00:46:25	Prize		1	Lisa JEFFREY	Chepstow Harriers	00:50:08			
2	Paul AUSTIN	Unattached	00:52:48	Well done		2	Catherine COTTON	Newent Runners	00:56:30	Well done		
3	Phil BRYANT	Forest Of Dean Ac	00:59:20	Well done		3	Cathy FLETCHER	Spirit Of Monmouth	01:01:13	Well done		
	M V55 [Finishers 12]						F V55 [Finishers 12]					
1	Martyn CARRUTHERS	Unattached	00:46:08	Prize		1	Niki MORGAN	Chepstow Harriers	00:48:10	Already won		
2	Daren SMITH	Forest Of Dean Ac	00:53:28	Well done		2	Julie ROCHE	Fairwater Runners Cwmbran	00:59:08	Prize		
3	Adrian GWILLIAM	Fairwater Runners	00:57:48	Well done		3	Karen LONG	Lonely Goat Rc	01:00:18	Well done		
	M V60 [Finishers 10]					١.	F V60 [Finishers 8]					
1	Tony MARSHALL	Chepstow Harriers	00:43:06			1	Wendy SHARPE-NASH	Chepstow Harriers	00:58:36			
2	Martin BLAKEBROUGH Mark FOYN	Spirit Of Monmouth	00:49:07 00:49:35	Well done Well done		2	Stefanie FRANCIS Alison DAVIS	Forest Of Dean Ac	01:00:00	Well done Well done		
3	Mark FUYN	Running Somewhere Else	00:49:35	weii aone		3	Alison DAVIS	Fairwater Runners	01:08:30	weii aone		
	M V65 [Finishers 7]						F V65 [Finishers 2]					
1	Jim STORRAR	Forest Of Dean Ac	00:51:03	Prize		1	Elizabeth SLACK	Malvern Buzzards Running Club	01:09:29	Prize		
2	Mark ROBERTS	Brecon Ac	00:53:43	Well done		2	Jasmine ARNOLD	Forest Of Dean Ac	01:19:07	Well done		
3	Nicholas ALLEN	Severn Ac	00:53:57	Well done								
	M V70+ [Finishers 2]							F V70+ [Finishers 1]				
1	Steve WILLIAMS	Ngoc	00:56:54			1	Margaret GRIFFITHS	Chepstow Harriers	01:37:52	Prize		
2	Paul GRIFFITHS	Chepstow Harriers	01:07:27	Well done		l						