

Goodrich: 5 Miles
 Saturday 24-Jul-2021 at 14:00
 Organised by: FODAC

Winners

All Men [Finishers 40]				All Ladies [Finishers 20]					
1 Sam JONES	Parc Bryn Bach Rc	00:39:03	Prize	MV35	1 Katie ADAMS	Unattached	00:47:15	Prize	FV40
2 Jack MILLAR	Ambleside Ac	00:40:01	Well done	SM	2 Emily HARRISON	Spirit Of Monmouth Rc	00:50:26	Well done	FV35
3 Jonathan FORD	Fairwater Runners	00:40:43	Well done	SM	3 Claire JACKSON	Spirit Of Monmouth Rc	00:52:30	Well done	FV40
M Junior [No finishers]				F Junior [No finishers]					
No prizes				No prizes					
M Senior [Finishers 4]				F Senior [Finishers 2]					
No prizes				No prizes					
M V35 [Finishers 4]				F V35 [Finishers 2]					
No prizes				No prizes					
M V40 [Finishers 3]				F V40 [Finishers 4]					
1 Jeremy JEHAN	Wye Valley Runners	00:44:19	Prize	1 Katie ADAMS	Unattached	00:47:15	Already won		
2 Leo LOCKWOOD	Unattached	00:48:46	Well done	2 Claire JACKSON	Spirit Of Monmouth Rc	00:52:30	Prize		
3 Andy BAKER	Fairwater Runners	01:04:23	Well done	3 Renske BOUWENS	Spirit Of Monmouth Rc	00:53:52	Well done		
M V50 [Finishers 19]				F V50 [Finishers 11]					
1 Christian DOWLE	Malvern Buzzards	00:43:14	Prize	1 Sherryl HALL	Forest Of Dean Ac	00:55:11	Prize		
2 Peter SOWERBY	Brecon Ac	00:47:07	Well done	2 Flora GUNNER	C. A.murcielagos	00:56:22	Well done		
3 David MACKIE	Corsham Running Club	00:48:27	Well done	3 Wendy SHARPE-NASH	Chepstow Harriers	00:59:39	Well done		
M V60 [Finishers 7]				F V60 [Finishers 1]					
1 Andy CREBER	Chepstow Harriers	00:50:11	Prize	1 Fiona TURNER	Forest Of Dean Ac	00:53:49	Prize		
2 Ian HARRHY	Llisbury Runners	00:52:17	Well done						
3 Paul MASON	Tewkesbury Ac	00:52:29	Well done						
M V70+ [Finishers 3]				F V70+ [No finishers]					
1 David SMOUT	Mynydd Du	00:55:37	Prize	1 No prize winner					
2 Steve HERINGTON	Hereford Couriers	00:56:22	Well done						
3 Gareth JONES	Mdc	01:02:12	Well done						