**Minutes of FODAC Committee meeting, Tuesday, 11th of December 2018**

**Present:** Chris, Alan, Wendy, Cherry, Dan, Jo, Nick, Melissa, Vicky, Andrew B, Andrew C, Stef

**Apologies:** Lisa

1. **Minutes of Last Meeting and matters arising**

The Minutes were found to be accurate.

Nick has spoken to Justine Jones about publicity, and she will look into this in the New Year.

1. **Treasurer’s Report**

Wendy provided a brief summary of the accounts and will compile a detailed report for the next meeting.

We currently have £ 20,500.00 in the bank account.

After the last Gwent League cross country races, we owed £ 18.00, but Gwent League are happy for us to settle the account at the end of the season.

All rent to the school is paid up to date. The school were querying the number of times the track is used by the club. They were not sure if the increased use by the groups was reflected in the charges, but Wendy was able to copy them in on an email dating back to September 2017, when the fees were increased to reflect the extra usage by the 0-5k groups.

We have paid £ 360.00 for the affiliation to YDL for the U13 and U15 team for next season.

1. **Membership Report**

We currently have 422 members. 270 Seniors and 152 Juniors.

Paysubsonline have now been rebranded and are called Love Admin.

From the 1st of January we will be offering the 15 months for the price of 12 membership to new members. EA affiliation are offering the same deal.

1. **First Aid**

Stef currently has a list of the following coaches wanting to attend the First Aid Training Course.

Pete, Melissa, Lee, Jay , Nick, Andrew B, Chris, Jo, Michael, Andrew C. We will also offer the course to Maddie and Maisy.

Stef will contact Mark to get details how to sign everyone up for the online learning and will also book the Parkend Memorial Hall for the 12th of January for the course.

**Action: Stef**

Ashley Holford, who is not a qualified coach yet will be able to attend the course once he is qualified.

1. **Presentation Evening**

Andrew B has organised the presentation evening for the 1st of February at Forest Hills Golf Club. It will cost £ 15.00 per person, for the buffet and disco. Additional costs for the table decorations and balance for the disco will be paid for through the raffle and any shortfall will be covered by the club.

Andrew is organising the trophies, as last year and we will have to get the perpetual trophies back from previous winners, so we can get them engraved before the presentation evening.

Andrew will also think of some fun awards again.

**Action: Andrew**

1. **Championship**

Alan has spoken to Harry and Andy T they should be compiling the final rules and complete the list of races in the championship calendar. We will have a total of 20/22 races with 8 races to count. A marathon will count as one of the 8 races, there will be no other bonus points for a marathon. If members take part in the Midland League track and field events they will receive two bonus points per event they compete in.

The question was raised if we should have a minor championship aimed at slower runners, but this was felt unnecessary, as the rules let slower runners compete and collect points, also gaining bonus points and choosing races where they have the best chances of winning lots of points. It is hard enough to administer one championship without the added work of a second championship.

1. **Coaching Report**

Andrew has started to draw up the training plan for the period from March to August.

He did some bench mark testing in November and will do the same test again to see how the junior performance has improved through the winter with strength and conditioning training.

The training principle will stay the same:

Andrew will coach Throws, Pete – sprints, Dave – jumps and Frank, Alex and Alan will be responsible for Endurance running.

Andrew is offering adult athlete the chance to join the older juniors, from 7.30-8.00pm on Tuesday evening for the strength and conditioning training in the sports hall.

1. **Most Improved votes by committee**

The committee have drawn up a short list and all committee members will vote by sending their votes to Stef. In case of a draw Chris will have the final vote.

1. **Any Other Business**

As some of the Midland League fixtures will be quite far away the committee has agreed to pay for a minibus to get athletes to the events.

Peter Woodward and Mary Watkins are happy to captain the Track and Field Teams again next season.

Alan and Chris have approached Suntory to see if we could use their land for a throwing facility, but the did not sound very interested in the proposal. We will have to look further afield and perhaps approach the Bathurst Estate for some land in Lydney. It may be a good idea to do this in partnership with other organisations, such as the RFU. We need to build up the club profile and make the council more aware of our presence and size. The throwing area is a priority, so the throwers will be able to train in the summer, but the ultimate aim should be a new track. It would be a good idea to contact EA for help. **Action: Chris**

Catherine, Jim and Stef have been on a coaching course, movement skills and conditioning and are attending a further two courses. This will be paid for by the club.

Carpark arrangements: The Purchase of the buildings and land at the old college site has not yet been completed, so the restricted parking will definitely in place in the near future, however, Chris heard that the council are planning to use the same security arrangements until the future of the site is decided and it is being developed, so parking may stay the same. Alan will draw up a parking plan to ensure, that we can get as many cars parked in the available space without having to use too much of the school car park. **Action: Alan**

The shelter which was taken to cross country was very welcome by the athletes, but it is coming to the end of its life. Alan will try and get another one. **Action: Alan**

**The meeting closed at 8.50pm**

**The next meeting will take place on Tuesday, 8th of January**