

Great Oaks Yorkley Gallop 23rd October 2016: Risk Assessment

Risk Assessment created by Dan Sandford (Events Co-ordinator – Forest of Dean Athletics Club) 27th Aug 2016.

The safety of runners and other road and path users is paramount. Although the inherent risks are considered relatively low, the organisers have identified additional measures to either eliminate or further mitigate the risks.

Key: Who: (R – Runner, V - Vehicle, W - casual Walkers) Risks: (L – Likelihood, I – Impact, Residual – L x I after the additional measures taken)

No	Hazard & Risk	Description	Who	L	I	Additional Measures	Residual Risk
1	Adult course is too demanding for participant risking collapse or death	<input type="checkbox"/> The race is accurately described and not advertised as a fun run <input type="checkbox"/> It is unlikely to attract poorly prepared participants	R	1	5	<input type="checkbox"/> St. John's Ambulance at finish <input type="checkbox"/> Fitness and training of competitors <input type="checkbox"/> Clear description of demanding course in entry information. <input type="checkbox"/> Disclaimer on entry form to confirm the participant is aware of the course difficulty.	1
2	Dehydration	Weather in October unlikely to be very hot	R	1	4	Water station provided around middle of course	1
3	Slipping / tripping on mud / branches.	Some mud / roots may be encountered on the paths.	R	3	4	<input type="checkbox"/> To be mentioned in safety brief at start <input type="checkbox"/> Safe route is taped <input type="checkbox"/> Recommend 'grippy' / trail shoes.	2
5	Miscellaneous problems during run	The course follows public footpaths, but anything can happen to a runner eg sudden heart problems	R	1	5	<input type="checkbox"/> St. John's Ambulance at finish <input type="checkbox"/> Run course will have marshals at intervals no longer than 1km. <input type="checkbox"/> Marshals to have mobile phones and phone numbers for Race HQ. <input type="checkbox"/> Sweeper marshal to follow last runner.	2
6	Injury to 3 rd parties during run	<ul style="list-style-type: none"> • Run is on public footpaths and trails 	W	1	3	<input type="checkbox"/> Mentioned in safety brief to watch out for public users <input type="checkbox"/> Run course will have marshals at intervals no longer than 1km, briefed to inform casual path users of the race.	1