

LEG	Start Time	Distance (miles)	Ascent (m)	Cut-off (h:mm)	Forest Boar	Forest Sheep	Forest Deer	Forest Squirrels
1	07:00	12.0	392	02:02	Scott Berry	Helen Lipscomb	Chris Moore	Mike Marks
2	08:15	11.5	525	02:12	Peggy	Sherryl Hall	Mark Channer	Rob Freeman
3	09:35	8.2	327	01:45	Dave Lowthian	Vanessa P	Anna Freeman	Andy Morgan
4	10:30	12.7	406	02:12	Dan Sandford	Cherry Fowler	Patrick Rennison	Andy Horlick
5	11:45	11.7	307	02:05	Ian Smith	Martha H	Rich Dennant	Rob Lester
6	13:00	8.8	409	02:02	JB	Valerie H	Steve Harris	Mike Melh
7	14:00	7.2	292	01:30	Leyton Fleet	Rachel Nash	Gemma Hewitt	Roy King
8	15:00	12.0	404	02:12	Brian Francis	Helen Brown	Graham James	Walter Leach
9	16:20	9.2	240	01:45	Daren Smith	Stef Francis	Jacqui Green	Jason R-C
10	17:20	9.8	240	01:48	Mick Strange	Margaret P	Alan Robertson	Andrew Kaye

Try to minimise the use of cars where possible by lift sharing. Our friends at Chepstow Harriers have a minibus to take runners from the end of their Leg to the Start of it at a very reasonable cost of £1 per runner meaning only one car per Leg is needed. See the CH website:

<https://sites.google.com/site/chepstowharriersrunningclub/relays/cotswold-way-relays/cotswold-teams-2016> for details