



## FODAC Physical Contact and Young people in Sport Policy

The Forest of Dean Athletic Club takes great care to ensure that all physical contact with children and young people is appropriate and permissible. The following guidance will clarify what appropriate physical contact is.

There are a number of principles that should be followed when the athletic activity involves physical contact.

As stated in the CPSU Physical Contact and Young people in Sport Policy, physical contact should only occur in the following circumstances:

- The development of sports skills or techniques
- To treat an injury
- To prevent an injury or accident from occurring
- To meet the requirements of the sport

All Coaching Personnel **MUST** seek to explain the **nature and reason** for the physical contact to the child. Unless the situation is of an emergency, the adult **MUST** seek permission from the child.

All coaching undertaken by FODAC Coaches must not involve touching:

- Genital areas
- Buttocks
- Breasts
- Or any other part of a young persons body that might cause a young person distress or embarrassment. For example: as girls enter adolescence and their bodies change and mature, it is not appropriate for them to be asked to jump over a coach or fellow athlete, or be jumped over, where it might be necessary to have someone else's hands on their hips (leap frog)

I hereby confirm that the FoDAC Child Physical Contact and Young people in sport Policy 2016 will be upheld and adhered to by all committee members, trustees and members.

Signed on behalf of the Trustees of the Forest of Dean Athletic Club:

Name:(capitals): \_\_\_\_\_

Role within Trustees: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Club Welfare Officer: \_\_\_\_\_ (Name in Capitals)

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

I have read and understood the FODAC policy and the CPSU Physical Contact and Young people in Sport Policy and agree to abide to it.

Signed:

Name	Role	Signature	Date

Signed: Kate Dennant Club welfare Officer: January 2016

Trustee:Name: \_\_\_\_\_ Signature: \_\_\_\_\_