

Minutes of FODAC Committee Meeting, Tuesday, 15th of March 2016

Fountain Inn Parkend

Present: Pete, Wendy, Dave, Cherry, Jools, Stef

Apologies: Richard, Sharla, Chris, Jacqui, Ian

1. Minutes of Last Meeting and Matters arising

Pete informed the committee that two of the coaches, Nick Wellsted and Darren Creed, and three of parent helpers, Jo and Lee Ablett and Kelly Worgan, have now completed the safeguarding course.

Pete has now found a Road Racing Official course, which will take place in May and he will then be qualified for the Blaisdon 10k on July. **Action: Pete**

Rich has informed the committee, that he has spoken to the police and we are good to go for Blaisdon.

Donations to other Charities: Cherry has spoken to David Jenkins, who told her that we cannot just amend the constitution, but we will be able to raise money for other charities as long as we make it very transparent, that the event, such as the Great Oaks Gallop, is organised to raise money for the other charity. We could, for example, state in all our advertising for the race, that all profits are going to Great Oaks.

Forest Mile: Pete is organising the officials for the event. **Action: Pete**

Cherry was looking into the different heats (expected times). She said that it would be best to use last year's times to put people into the correct races, but anyone who has not yet run the mile before will be encouraged to fill in the registration form correctly, giving their estimated mile time. Cherry will produce a mile registration form which will give the option to circle the time runners are expecting to run.

Action: Cherry

Fountain Five: Stef has spoken to Michelle at the Fountain. She will charge us a flat rate for each pint and the Fountain will put on a BBQ with handmade burgers, sausages and a vegetarian option at a price of £ 3.50 each.

We can put our gazebo in the beer garden for registration.

Stef also spoke to church to inform them of the race and we were asked if we could avoid blocking the entrance to the church, as there is a wedding rehearsal taking place that evening.

The Dean Field Study Centre and International Timber have both offered their car parks, so we should have some car parking attendants in the village to direct people.

Welfare: All welfare policies have been checked by Richard and are approved by the committee. These will now have to be changed on the website. Stef will liaise with Kate and Jason. **Action: Stef**

The next step will have to be the compilation of procedures from the policies.

The new membership form has also been approved. We just need the new Gift Aid form to give out with the membership form and we have to ensure that all members complete medical forms as well.

2. Treasurer's Report

The total income since the last committee meeting was £ 797.67, which was made up of track fees, kit sale and donations from the 0-5k group.

Our expenditure for the same period came to £ 2,141.06. This amount was made up of affiliation fee to Gloucestershire AAA, the hire of gym and sportshall, track hire, EA members fee, electricity, exterior display case, coaching assistants course, paint for throwing hut and 100 neck warmers.

The current bank balance is £ 13,414.44.

Wendy pointed out that she has also received another bill of £ 629.63 from Lakers School for track hire, electricity and gym hire. This will be paid this week. Since we moved into the new hut we have spent approximately £ 10.00 per week on electricity. We should make sure that electricity is not used unnecessarily.

Wendy clarified the charges from Lakers School and the Leisure Centre: During the winter months from October to April we pay £ 82,00 per week for the use of gym and sportshall. In the summer we pay £ 10.00 per week for the use of the toilet in the school's changing rooms. Throughout the year we pay £ 10.00 per week for the use of the track.

We have received an invoice from the Midland Counties Athletics Association for the affiliation to their 2016 track and field league. The fee is £ 370.00. As we were not aware of the amount of this cost when the committee discussed the affiliation Wendy asked the committee to discuss if this cost is reasonable and should be paid. This league is only for U17 and older members and the committee questioned, if we would have enough competitors to justify paying this amount. Pete and Dave assured the committee that we have enough interested members, who would like to take part in the track and field events. Dave is particularly keen to get more U17/U20 members to compete in track and field events and as the Youth Development League is only for U13/U15 members, the Midland Counties League is ideal for these age groups.

The committee decided to have a trial year this year and we will review if we get enough competitors for the league before renewing the affiliation next year.

3. Membership Report

Chris was not available tonight.

4. Coaches Report

Dave is very happy with the coaching team. All sessions are covered, although it would be good if we could have an extra person to help Andrew with the U15 group on a Tuesday evening. There are enough coaches available for the Saturday morning session and the satellite group at Severnbanks is always covered.

The 0-5k group at Lydney will now be run by Chris Rees, Walter Leach, Andrew Gadge and Claire Morgan on a Monday night only. There will be always one coach available to lead. This will be run under the Run England banner, but the coaches will still promote the club and membership of the club to participants.

Pete will organise some leaders' shirts for Claire Morgan and Martin Walby. **Action: Pete**

Jools would like to attend a Coaching in Running Fitness course when a course nearby becomes available.

Walter, is a level 1 coach (coaching assistant) and we could do with some of our current level 1 coaches to gain their level 2 certificate (full coach).

Stef has expressed an interest in providing some endurance coaching for older Juniors, who are interested.

Throwing Coaching will re-commence after Easter.

5. UKA Affiliation race entries

Jacqui informed the committee that we have to be stricter with affiliated race entries. Anyone entering a race must be affiliated to an UKA affiliated club. We could ask on entry forms for affiliation number, but in practice it would be difficult to double check this. However, to avoid confusion, our entry forms should state UKA affiliated club, where they ask for club details.

6. Sports Relief Marathon Relay

Pete is organising a relay marathon, 105 laps of the track, run in 200m stages, in aid of Sports Relief. The entry fee is £ 1.00 per person and each person can run as many stages, as they wish. Pete will post a shout-out for help and cake donations on Facebook. **Action: Pete**

7. Presentation Evening/ Christmas Do

Sharla has, so far found two options for this event. One would be the Speech House with a three course meal and disco at approximately £ 35.00 per person. The other option would be the Old Legion in Lydney with an Oompah band at a cost of £ 25.00 per person. Although the committee is in favour of the Speech House Option, we need to discuss this further as it is quite expensive and the presentation night should be inclusive and available to all members.

8. Any Other Business

The committee approved the entry of 4 teams for the Cotswold way Relay.

A big thank you to Andrew, who spend his annual leave painting the throwing hut, so that the throwing area will be ready for use when the evenings are lighter.

Dave would like to organise a working party to finish the throwing area and the Junior hut over Easter. **Action: Dave**

Timing Clock for the track: In order to get a clock with a remote control, we will have to spend a bit more money than originally thought. As we do not need the clock until the autumn, we will put this on hold for now. In the meantime, we will have a look at the new clock Lydney Swimming Club have bought, as this may be very similar to the clock we require.

Pete has been trying to buy second hand Track and Field equipment. He asked the committee if we should try and put a sealed bid in for the pole vault mat, Gloucester AC are selling, but we need to check first where we would be able to put it and then decide if it would be worth bidding for it. Pete will speak to the school with regards to this. **Action: Pete**

The meeting ended at 9.40pm

The next meeting will take place on 19th of April 2016 at 8.00pm in the Fountain Inn.