

Minutes for FODAC Committee Meeting, Tuesday 21st October 2014

Present: Chris H, Frank, Wendy, Jools, Pete, Jim, Stef, Glenn Harvey (Severn Valley Tri Club)

Apologies: Bev and Ian, Kathy, Chris M, Jacqui, Sharla

1. Severn Valley Tri Club – Glenn Harvey

Glenn attended tonight's meeting to ask the committee if we would be prepared to work together with the Severn Valley Tri Club as a partner club. Severn Valley Tri Club was founded 2 years ago and has recently been re-formed with the main driver Andy Lewis and Marcus Carrozzo, owner of Severn Valley Cycles as chair. At the moment the club has about 18 competing members and there is currently only an adult section. Glenn, who is in charge of the running section at the club would like to encourage Tri Club members to join FODAC for running coaching sessions. They would like to take advantage of the Athletic Club in return for their expertise in swimming and cycling, which would help some of our members who have started to compete in triathlons. The committee agreed that it would be beneficial to both clubs and we look forward to welcoming Tri Club members to join our training and club.

2. Minutes from last meeting and matters arising

David Jenkins is still working his way through the bid for Charitable Status and in due course we will be required to have an extraordinary AGM to amend the constitution.

Gayle Hopkins has agreed to be our 'kit woman' and to liaise with Tori Baker at 3T designs with regards to an order form for Hoodies, Fleece and Tracksuits.

We have to order more vests as the recently order vests, especially in smaller sizes have already sold out. Chris will let Ann Nixon know to place another order. **Action: Chris**

It was decided that we will definitely order the heavy duty gazebo, which will cost around £ 300.00. **Action: Jim**

Pete has arranged for a coach to the next cross country meeting at Malvern to transport junior and adult athletes to the event. The cost per adult will be £ 5.00 and £ 3.00 for children. Pete will advertise the coach on facebook. **Action: Pete**

Chris suggested that we may want to look into the possibility of purchasing a minibus for the club, but there will be a number of things to consider such as cost of insurance, tax, maintenance, who will be allowed to drive the bus and it may be easier to hire a coach to get to races. Pete mentioned that we could find out if there would be a grant available from Active Gloucestershire. He will investigate. **Action: Pete**

Pete has applied for a grant for the High Jump mat cover from Active Gloucestershire. We are waiting to hear.

The only person who went on the Officials course was Pete.

Jim and Louise Insall have just recently moved and will not be able to do the session on Foam rolling until later on in November.

3. Treasurer's report

The expenditure since the last meeting on 16th of September was £ 1408.11, which included Coaching course (A Compton) and Officials course (P. Compton), St John's Ambulance for Forest Mile, medals for Forest mile and keepsakes for Carol Jones Trophy and Yorkley Dash Trophy, the hire of hall for Junior presentation evening (part of the £160.00 will be refunded on the night), Deposit for disco at Junior presentation night, European Speed Conference (D Lucas), club vests, EA members fees and Quadkids trophies.

The income of £ 1271.88 came from membership fees, track subs, refreshments at Forest Mile and Quadkids, sale of running vests and income from coach to Swansea.

Wendy showed concern that we seem to have sold more vests than we have received money for, but this may be down to the fact that people put the money without a note into the subs box and it is banked as subs. We need to put a reminder out that people who have taken vests should remember to pay for the vests by putting the money in an envelope for the attention of Wendy. We will do a stock take of the vests that are currently in the hut and put a note on Facebook and in the newsletter to remind people to pay for the vests they have taken. **Action: Wendy, Chris, Stef**

The cost of the vest has gone up in price and we will have to increase the price to £16.00 for adult sizes and £ 15.00 for Junior sizes. The new price will be charged with the delivery of the next order.

4. Membership Report

We now have 347 members.

Frank suggested that we will reduce the membership fee for any new members who are joining between now and the end of December to £ 15.00 to include the EA competing members fee or £ 10.00 for training members only.

From January until the end of March we will offer new members to pay the full fee for 2015/16, therefore in effect getting 3 months free of charge. However they will be required to pay £ 10.00 EA competing members fee and pay the EA competing members fee of £ 12.00 again on the first of April.

5. Coaches Report

Pete had nothing to report from the coaches.

6. Volunteer Forms/DBS checks

As FODAC would like to achieve the Club mark award it is a requirement that all volunteers complete a volunteer form and that all committee members as well as all coaches need to have an up to date DBS check. Frank and Kathy are currently checking that everyone who is required to have a DBS check will be checked. **Action: Frank/Kathy**

7. Race Entry for under-age children

We recently had a query with regards to children under the age of 8 entering cross country races, when the entry form states that children must be aged 8 and over to compete. Pete said that according to EA rules there is no age limit, just a limit to the distance different age groups are allowed to race. If a child and their representative are happy for the child to compete, this should be agreed between them and the race organiser. However the entry form must be completed with the correct age of the child. We should not pretend that the child is the correct age for the race, when they have not yet reached that age. If it is apparent to the coaches that an underage child has run we need to check that the correct age was declared and the race organiser was informed that the child was under age. We, as a club, will not accept points for the club if the correct age was not declared.

8. Cross Country County Championships 3rd of January 2015

As we are hosting the cross country county championships we will have to start preparing the course over the next two months. It was suggested that we will ask for working parties on Saturday, 15th of November and Saturday 29th of November after parkrun and Junior training at around 10.30am to clear some of the undergrowth in the woods and to walk the course and check it for safety. We will put messages on facebook and in the newsletter to ask for help. **Action: Stef**

We will need all helpers to bring tools, suitable for cutting back undergrowth. It has been agreed with the Forestry Commission that we can do this work in the woodland adjacent to the big field behind the large sports hall.

9. Championship 2015

We all agreed that the Championship 2014 was very well run and encouraged a large number of club members to participate. Jools has agreed to organise the Championship for 2015 which all committee members supported.

Jools was wondering if Pete could find out about the Gloucestershire Road Race Series, so these races can be included in the Championship. **Action: Pete**

Jools wants to reduce the number of counting races to 10 instead of 12 as a lot of members would be struggling to run too many races.

Stef asked if we could have some additional awards for the King/Queen of the road and the King/Queen of the trails, as some members have a preference and would feel happier to run more of their preferred races.

In the presentation priority will be given to the overall Championship followed by the Age Grade Championship.

To encourage more members to take part in track and field events we are going to hold a pentathlon for all members on Saturday the 4th of April or 11th of April. This will include 2 running events, 2 throwing events and long jump.

10. Any other business

Dave, Sharla, Ness, Emma and Stef are organising a Halloween Fun run on the parkrun course on the 31st of October.

The junior presentation evening will take place on the 15th of November at St Swithins Football Club in Viney Hill and is all organised by Kate Dennant. The juniors had a cake sale last weekend and raised money to help with the cost of this evening.

Stef will send a newsletter to all members to include reminders about London 2015 club places, member of the year award, Halloween fun run, Junior and Adult presentation evening, Christmas social night at Whitemead, payment for vests. **Action: Stef**

Pete asked if we could have an award for adult athletes who competed in Track events this season. It was decided that we would have to tell members about these awards at the beginning of the season. We will consider this for next year.

Pete also explained that he would like to award the men's Avon League team with some small mementos as they have worked very hard to win the Avon league this summer beating much larger clubs such as Cheltenham and Gloucester. It was agreed that we

would get small trophies for the team to be presented at the Adult presentation evening. **Action: Pete, Jim**

We have offered to sponsor the Secondary Schools cross country awards and Pete said that we should present the awards at the Championship. We need to see who will be available to go to the presentation once we know the date.

Stef mentioned that Sharla had asked we should raise money for a defibrillator, but apparently there is a defibrillator at the Leisure centre and at Fitzone, so we would not need another one, if we can access these.

Frank Williams has offered to do a First Aid Training Course at the club for coaches and other members. He asks to cover his cost, but would run the course free of charge. We need to discuss this at a later meeting. **Action: Stef**

Apex Outdoor shop in Berry Hill have verbally offered to give all members at 5% discount on production of the membership card. We will wait until we had the offer in writing before informing members. **Action: Stef**

The Meeting ended at 10.00pm.

The next meeting will be Tuesday, 18th of November at the Fountain Inn, Parkend