

Men		Club Record	Women		Club Record
Leyton Fleet	5:23.5	V40	Fiona Turner	6:25.6	V50
Kyran Hale	5:23.9		Kim Chester	6:39.5	V35
Martin Joyce	5:24.5		Stef Francis	7:32.4	V45
James Dobbing	5:30.4		Jackie Green	7:33.7	V55
Richard Peglar	5:45.3	V35	Nicky Hall	7:43.9	
Richard Powles	5:47.8		Anna Freeman	7:49.6	V40
Walter Leach	5:48.8	V50	Karen Barnett	7:51.8	
Richard Dennant	5:54.8		Michelle Peacy	8:06.1	
Julian Boon	5:58.5		Claire Morgan	8:11.1	
Jim Storrar	6:11.2		Louise Insall	8:11.5	
Marcus Bennetto	6:12.6		Kate Frost	8:12.7	
Rob Freeman	6:12.9		Eva Goodhead	8:13.4	
Matt Bond	6:16.6	V45	Bev James	8:14.7	
Alan Robertson	6:17.0		Angela Bowkett	8:19.7	
Tim El-Shawk	6:19.1		Vanessa Peglar	8:20.5	
Jason Ross-Collins	6:19.6		Sharla Fleet	8:21.5	
Callum Francis	6:23.4		Wendy Lawrence	8:33.8	
Chris Moore	6:32.0		Angela Sonn	8:51.2	
Michael Marks	6:36.1		Haley Turner	8:55.4	
Ivan Woodward	6:36.1		Helen Kearsey	9:58.3	
Graham James	6:40.2		Heather Jones	11:07.6	
Nick Wellsted	6:48.2		Lisa Metcalf Woodward	11:34.3	
Neil Peacy	7:00.5				
Andy George	7:01.0				
Roger Morgan	7:13.7				
Graham Bennetto	7:24.0				
Ian James	7:36.4				
Chris Hawkins	7:45.6	V60			