

| NAME | TOTAL | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | | | |
|------------------|-------|---------|----|---|----|----|----|----|----|----|----|----|----|----|----|----|--|--|----------------------|
| Women | | | | | | | | | | | | | | | | | | | |
| Jacqui Wynds | 108 | | 10 | 7 | | 8 | 14 | 9 | 7 | 9 | 9 | 8 | | 10 | 8 | 9 | | | 1. Marathon |
| Fiona Turner | 103 | 3:44:36 | 10 | | 10 | 16 | 15 | | 10 | 10 | 10 | 10 | | 12 | | | | | 2. Lliswerry 8 |
| Claire Morgan | 85 | 5:16:09 | 7 | 7 | 9 | | 10 | 10 | 6 | | | 9 | 10 | 9 | | 8 | | | 3. May Hill Massacre |
| Angela Bowkett | 66 | | 6 | | | 6 | 6 | 8 | | 8 | 6 | 6 | 9 | 4 | 7 | | | | 4. Rhayader 20 |
| Jackie Green | 66 | | 9 | | | 13 | 8 | | 8 | | 8 | | | | 10 | 10 | | | 5. FoD Half |
| Melissa Mould | 44 | | 8 | | | 11 | 9 | | | | | | | 7 | 9 | | | | 6. parkrun |
| Jo Price | 36 | 4:06:20 | 9 | | 8 | 14 | 5 | | | | | | | | | | | | 7. Whitebrook Windup |
| Janet Dimmer | 31 | | | | | 15 | 16 | | | | | | | | | | | | 8. Magic Roundabout |
| Catherine West | 29 | 4:06:36 | 8 | | 9 | 12 | | | | | | | | | | | | | 9. Darren's Dash |
| Rachel Nash | 26 | | | | | 7 | 12 | | | | | 7 | | | | | | | 10. Tintern Trot |
| Karen Barnett | 25 | | | | | | 7 | | 5 | | 7 | | | 6 | | | | | 11. Rose Inn |
| Kim Chester | 25 | 6:09:02 | 6 | | | 10 | | | 9 | | | | | | | | | | 12. Oldbury 10 |
| Lynn Park | 24 | | | | | | 13 | | | | | | | 11 | | | | | 13. Swansea 10k |
| Stefanie Francis | 24 | | | | | 5 | 11 | | | | | | | 8 | | | | | 14. Stroud Half |
| Wendy Lawrence | 18 | | 5 | | | 3 | | | | | | | | 3 | | 7 | | | 15. Glos X-Country |
| Nicola Hall | 15 | | | | 6 | 9 | | | | | | | | | | | | | |
| Kim Mazzucca | 10 | | | | 10 | | | | | | | | | | | | | | |
| Anna Freeman | 10 | | | | | 2 | 3 | | | | | | | 5 | | | | | |
| Angela Sonn | 6 | 6:33:37 | 5 | | | | | | | | | | | 1 | | | | | |
| Sarah Ricketts | 4 | | | | | 4 | | | | | | | | | | | | | |
| Jo Babij | 4 | | | | | | 4 | | | | | | | | | | | | |
| Sally Phillips | 2 | | | | | 1 | 1 | | | | | | | | | | | | |
| Sharla Fleet | 2 | | | | | | 2 | | | | | | | | | | | | |
| Eva Goodhead | 2 | | | | | | | | | | | | | 2 | | | | | |